



Name of Activities: Mandala Colouring

Year Group: EYFS & Keystage 1

Day: Monday

Type of Activity: Arts and creativity

Location: Room 204

Teacher: Ms Thurga

Equipment Required: Color pencils, color pens/Mandala coloring worksheet

Description of Activity (including goals):

Coloring Mandala is an activity that combines the benefits of meditation and art therapy into a simple practice that can be done at any time and place. Mandalas, meaning "circles" in Sanskrit, are sacred symbols that are used for meditation, prayer, healing and art therapy for both adults and children. Mandalas have been shown in clinical studies to boost the immune system, reduce stress and ease depression. According to Buddhists, their circular form and drawings help people to order their inner-self. Because of this, it can be very beneficial for children to color in mandalas from a very early age.

Permutation
The World's Commerce
Whitsuntide
Aberdeen on the river

Name of Activities: Handwriting

Key Stage: EYFS & Keystage 1

Day: Monday

Type of Activity: Fine motor skill

Location: Room 210

Teacher: Ms Syila

Equipment Required: Stationary

Description of Activity (including goals):

Handwriting skills help children develop reading and spelling skills. It also helps with the ability to recall and remember information.

Final Outcome:

With practice, handwriting provides more confidence, better dexterity, improved recall, and memory.



Name of Club: Art Attack

Age Group: EYFS and KS1

Day: Monday

Type of Activity: Creativity

Location: Room 205

Teacher: Ms. Serene

Equipment Required:

Paint, crayons, colour pencils, colour papers, scissors, brush,

Description of Activity (including goals):

Children will learn about different types of drawing and painting techniques. They will also make simple crafts using colour papers. The main goal for this club is to allow children to be creative and create a piece of artwork independently.

Final Outcome:

Students will learn skills to create a different drawing, painting or art and craft each week.



Name of Club: All about Dinosaur

Group: EYFS & Keystage 1

Day: Monday

Type of Activity: School Enrichment

Location: Room 203

Teacher: Ms. Kamini

Materials Required: Stationeries & Colour Pencils

Description of Activity:

Students will learn about dinosaurs in this club. They will be introduced to one dinosaur every week. They will also learn about characteristics of the dinosaur such as the colour, shape and the skin texture. They will have a fun time learning through videos about discovering the dinosaur kingdom.

Final outcome:

At the end of the lesson, the students will be able to name the dinosaur and talk about the dinosaurs. They will also enhance their fine motor skills by colouring and doing some art activities which are related to the dinosaurs.



Name of Activities: Spanish

Year Group: EYFS & Year 1

Day: Monday

Type of Activity: School Enrichment

Location: Room 206

Teacher: Ms Olivia

Equipment Required: Paper, pencils, scissors, glue and colouring pencils

Description of Activity (including goals):

'Spanish' will be a fun weekly group where we will look at the basics of the Spanish Language and a little about where it is spoken. We will learn songs, dances and listen to stories to help us have a basic understanding of the Spanish language. Children will be encouraged to use the language we have learnt in our sessions with peers and maybe they can even become Spanish teachers to their families!

Final Outcome:

Children will have a basic understanding of the Spanish language, they will be able to meet and greet friends and learn some key vocabulary.



Name of Activities: Ukulele

Key Stage: KS1 (Year 1-2)

Day: Tuesday

Type of Activity: Music

Location: Drama Room

Teacher: Ms Cheah (Instructor)

Equipment Required: Ukulele (included in fees)

Cost : RM270

Description of Activity (including goals):

In our Kindermusik with musical tots studios, we mainly include sing, play and movement music activities in the lessons to provide more learning contents to the students. Students will learn to develop their rhythmic skills, singing skills and instrument playing skills over throughout the term and learn how to cooperate and socialize with classmates in the school by learning together and performing together. Students can use their learnt instrumental skills to perform and contribute in school performances/events/celebrations.

Final Outcome:

Students are expected to pick up the basic playing skills on the instrument at the end of the term. Students will be able to perform a piece of music/excerpt suggested by the teacher either in a group play or individually. Students will show engagements in instrument learning and prepare to commit for more music lessons and events in the near future.



tae kwon do

Name of Club: Tae Kwon-Do

Age Group: KS1 (Year 1-2)

Day: Tuesday

Type of Activity: N/A

Location: Level 5

Teacher: Alvin Aw (Instructor)

Equipment Required: Comfortable and appropriate clothing

Cost (if any): RM260.

Students have the choice of purchasing official Tae Kwon-Do outfits, badges, belts and performing gradings for an additional cost.

Description of Activity (including goals):

Students shall take part in several activities led by 5th Degree black belt instructor, Alvin Aw, who has over 25 years of experience in Tae Kwon-Do and is a former Malaysia National champion. Students shall learn the basic moves of Tae Kwon-Do that includes blocking, punching and kicking and shall improve their technique in these movements. Students shall learn self-control through a variety of set movements known as patterns and will use different equipment to punch and kick a target. As they progress, students shall also take part in friendly sparring activities with little or no contact, wearing the necessary protective equipment.

Final Outcome:

Students shall learn self-control, perseverance, techniques in punching and kicking a target safely, and how to defend themselves or others. They shall gain several health benefits that include flexibility, mobility, leg power and strength, hand eye coordination, reaction time, aerobic and anaerobic fitness and core strength. Through the philosophy and ideals of Tae Kwon Do, students shall learn to be more patient, calm and honourable. Students of Tae Kwon Do are taught that it is an art form meant for defence of oneself or others, never to cause an attack. Students will have the chance to advance to the next belt level through an official grading by the instructor (voluntary).



Name of Activities: The Little Builder

Key Stage: EYFS & KS1

Day: Tuesday

Type of Activity: Exploratory

Location: Room 205

Teacher: Ms Jacee

Equipment Required: Stationary

Cost: RM5

Description of Activity (including goals):

Construction is important for kids because it can teach them to problem solve, connect, understand, and be inquisitive in both their learning and their play. They actively learn to engage their imagination and experiment with new concepts, while learning about the role of builders in our world and picking up new skills they can also use in other areas of study.

Final Outcome:

Furthermore, by incorporating building activities early on, you can help kids expand their imaginations and learn about all the possible things they can be when they grow up, including STEM jobs like construction workers, architects, and engineers. This is crucial for creating a new generation who can develop the world around us.



Name of Activities: Art and crafts

Year Group: EYFS & KS1

Day: Tuesday

Type of Activity: School Enrichment

Location: Room 203

Teacher: Ms.Kamini

Equipment Required: N/A

Description of Activity (including goals):

Children will use papers to create the craft with many designs. Also, will follow the theme of craft that was planned.

Final Outcome:

This activity will increase their fine motor skill and gross motor skill. It will relax their mind too.



Name of Club: Sketching My Day

Age Group: EYFS & KS1

Day: Tuesday

Type of Activity: Drawing,coloring

Location: Room 204

Teacher: Miss Nadia

Equipment Required: Pencil, Color Pencil.

Description of Activity (including goals):

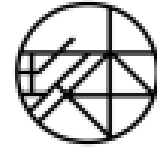
Sketching is a rough drawing that helps to develop fine motor skills. This activity also helps students to develop hand-eye coordination so that everyday tasks can become easier for them. Drawing means they are constantly thinking or feeling something, so what they choose to draw, the patterns they use, and the story they try to portray helps them build their knowledge and visual skills.

Final Outcome:

Students will be able to draw about what they are feeling and thinking. They also will be able to improve their imaginative skill and portray their ideas through drawing. Students will tend to become more focused and concentrate in class.



SIMPLE9
STUDIO 玖本工作室



Name of Club: Art and Craft (8 projects)

Age Group: KS1 (Year 1-2)

Day: Wednesday

Type of Activity: Creative

Location: Room 305

Teacher: Mr John Phoon (Instructor)

Equipment Required: All materials will be provided

Cost : RM270

Description of Activity (including goals):

Simple 9 Studio is a concept magazine for simple life's tribe nation. They believe that regular days can be extraordinary when people create special times for themselves. They provide a space for people to make precious memories through their creative workshop. This program comes with a variety of interesting activities. Students are given opportunity to have hands-on experience in different areas. The classes will cover various topics including art, craft, and flower. This program aims to let student experience an adult-like workshop while blending in excitement and learning. Every class is created with the purpose to truly inspire and motivate the students. Students can explore their interests and passion through the classes such as **Recycled Aquarium, Dried Flower Frame, Hand Paint Tote Bag, Chinese Ink Wash Painting Card, Hand Fan Painting, Chinese Scroll Lotus Flower Painting, Henri Matisse CutOuts, and Bohemian Wall Art.**

Final Outcome:

This program helps foster students' creativity skills, expand knowledge and master skills in arts and craft.



Name of Club: Beginners Chess Club

Age Group: KS1 (Year 1-2)

Day: Wednesday

Type of Activity: Action

Location: Room 107

Teacher: Mr. PS Lim

Equipment Required: Chess set (provided by SIS)

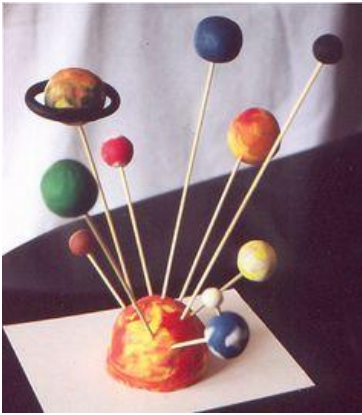
Cost (if any): RM220

Description of Activity (including goals):

Students will learn about the rules of chess, names of chess pieces and where they can move, how to use different pieces and strategies to their advantage, how to think a few moves ahead and how to force opponents to move where they want them to. Students will utilise and apply these skills through practice in friendly, non-competitive games against other students. PS Lim is a Chess instructor from the Penang Chess Association.

Final Outcome:

The Chess Club is an opportunity for students to practice their skills. During club days students will pair up and play chess. Students will also have an opportunity to compete in Chess competitions that will be held externally during the year.



Name of Activities: Playdough

Year Group: EYFS & Year 1

Day: Wednesday

Type of Activity: Student Enrichment

Location: Room 203

Teacher: Ms Thurga

Equipment Required: Playdough

Description of Activity (including goals):

Each week the students will be given a different theme to focus on while planning, designing and creating their playdough sculpture. Themes include the solar system, plants and animals such as elephant.

Final Outcome:

Students will be able to enhance their motor skills and improve their creative thinking.



Name of Activities: Mandarin Culture Club

Year Group: EYFS & Year 1

Day: Wednesday

Type of Activity: General knowledge

Location: Room 207

Teacher: Ms Sim Jia Xin

Equipment Required: Paper and pencil

Description of Activity (including goals):

“Mandarin Culture Club” is to have students to understand the Mandarin language and also its culture for the past 5000 years in China history. Students will be having some small role play in the lesson to know about Chinese culture. Festivals, celebrations, clothes and buildings will be introduced to the students. They can think and give themselves more understanding towards the Chinese culture. It is also a way to learn what ancient people can do compared to this technological world.

Final Outcome:

Students will get to know what China looked like a long time ago which we are not able to see. It can have the Chinese to know where we are from and give the non-Chinese a new knowledge on Chinese culture. They will



Name of Club: Zumba

Age Group: EYFS and KS1

Day: Wednesday

Type of Activity: Physical

Location: Room 205

Teacher: Ms. Serene

Equipment Required: PE attire

Description of Activity (including goals):

Zumba is a type of exercise that combines movement, music, community and it is a healthy lifestyle for children. These fitness dances are rocking, high-energy packed with specially choreographed, kid-friendly routines and all the music kids love, like hip-hop, reggaeton, cumbia and more.

Zumba will also allow children to release their energy after having lessons the whole day. This will encourage them to be active and help to increase their fitness ability.

Final Outcome:

Students will learn to incorporate healthy lifestyle in their daily life. Not only that, they will be introduced to move according to the rhythm of the music. Students will learn to follow instructions and copy movements shown by the instructor.



Name of Club: Hip Hop Dance

Age Group: KS1 (Year 1 and 2)

Day: Thursday

Type of Activity: Dance

Location: Room 107

Teacher: Mr Seah Loh (Instructor)

Equipment Required: Comfortable clothes

Cost (if any): RM270

Description of Activity (including goals):

Seah Loh, Hip Hop Dance instructor comes from his own Dance Studio to bring the students at Straits an experience which will be fun, energetic and inspiring. The Hip Hop dance and movement class will allow students to become more confident while exploring the magic of the modern dance and provide challenges to empower all that dare to dance.

Final Outcome:

Students will develop and understanding to develop dance techniques and fitness through a variety of fun routines and performances. Students will work towards creating their own dance for end of the year concert or assemblies.



Name of Club: Gymnastic

Age Group: KS1 (Year 1-2)

Day: Thursday

Type of Activity: Relaxation

Location: Drama Room

Teacher: Mr Foong (Instructor)

Equipment Required: Comfortable clothes

Cost (if any): RM300

Students can choose to purchase uniform T-shirt at RM50, this is optional.

Description of Activity (including goals):

Gymnastics is considered the father of all activities during the very early times in Greeks.

Gymnastics for the purpose of developing the body and mind to mold the character of the young

and do for our children a **strength, flexibility, agility, awareness, discipline and bonding of the**

children. Gymnastics is **fun movement, is jumping, and is accomplishing** a skill was a challenge in

all physical education.



Name of Club: 3D Art and Craft Club

Age Group: EYFS & KS1

Day: Thursday

Type of Activity: Creativity

Location: Room 204

Teacher: Miss Nadia

Equipment Required: Pencil, Color Pencil.

Description of Activity (including goals):

Children will use paper to create the craft with many designs. Also will follow the theme of craft that was planned. It is important to surround young children with interesting 3D objects, both large and small.

Final Outcome:

Students will be able to stimulate ideas and develop their awareness of form and shape.



Name of Activities: Yoga

Year Group: EYFS & KS1

Day: Thursday

Type of Activity: School Enrichment

Location: Room 203

Teacher: Ms.Kamini

Equipment Required: N/A

Description of Activity (including goals):

Children will learn some yoga poses and try the poses. This will make the children calm, peaceful and relaxed.

Final Outcome:

This activity will increase their fine motor skill and gross motor skill. It will relax their mind too.



Name of Activities: Fun Drawing

Year Group: EYFS & Year 1

Day: Thursday

Type of Activity: Creativity

Location: Room 205

Teacher: Ms Thurga

Equipment Required: Sketch book, Drawing paper & Pencil

Description of Activity (including goals):

Fun drawing helps to develop fine motor skills. This activity also helps students to develop hand-eye coordination so that everyday tasks can become easier for them. Drawing means they are constantly thinking or feeling something, so what they choose to draw, the patterns they use, and the story they try to portray helps them build in their knowledge and visual skills.

Final Outcome:

Students will be able to draw about what they are feeling and thinking. They also will be able to improve their imaginative skill and portray their ideas through drawing. Students will tend to become more focused and concentrate in class.



Name of Activities: Hangman

Key Stage: EYFS & KS1

Day: Friday

Type of Activity: Words games

Location: Room 210

Teacher: Ms Syila

Equipment Required: Stationary

Description of Activity (including goals):

Hangman is a good way for younger readers to practice sight words. In tandem with phonics, knowing lots of sight words can help new readers with reading flow and speed, so games like this can help new readers increase confidence.

Final Outcome:

Students will be able to increase their vocabulary, spelling, and memory. This activity will help train concentration skills and enhances cognitive skills.



Name of Activities: Mandarin Culture Club

Year Group: EYFS & KS1

Day: Friday

Type of Activity: Writing

Location: Room 207

Teacher: Ms Sim

Equipment Required: Paper and pencil

Description of Activity (including goals):

“Mandarin Ancient Character Club” 'is to have students to understand the Mandarin language and words from the ancient times until today. Students will learn to write down the words that were used by the ancient world and its transformation. From the words, students will see why the words were written in the particular shapes and the meaning behind the words. This makes a clearer picture for the students.

Final Outcome:

Students will get to know how the words and its meanings are in another way between the picture and the words relation. This can enhance the students to know more about the Chinese characters and it will be easy for them to learn. By this way, the students will be inspired to learn the characters by themselves.



Name of Activities: The Little Adventurer

Key Stage: EYFS & KS1

Day: Friday

Type of Activity: Exploratory

Location: Room 205

Teacher: Ms Jacee

Equipment Required: Stationary

Description of Activity (including goals):

Treasure hunt games compel kids to be absolutely focused. Following directions, navigating spaces, reading, and comprehending clues or maps or instructions teach kids many necessary life skills. As a result, their listening skills and concentration power both get enhanced.

Final Outcome:

Treasure hunt games offer many benefits to the healthy development of kids. As it helps them discover and explore the world around them. It is also to enhance their self-confidence, problem-solving skills and they feel confident about testing new ideas and experience friendship, cooperation, and teamwork.