



Name of Activities: Zuma/ dancing/ yoga

Year Group: Year EYFS

Day: Monday

Type of Activity: School Enrichment

Teacher: Ms.Kamini

Equipment Required: Yoga Mat

Description of Activity (including goals):

Pretty much the most awesome workout ever. Dance to great music, with great people, and burn a ton of calories without even realizing it.

Final Outcome:

Regular practice creates mental clarity and calmness, increases body awareness, relieves chronic stress patterns, relaxes the mind, centres attention, and sharpens concentration.



Name of Activities: 3D art craft

Year Group: Year EYFS

Day: Tuesday

Type of Activity: School Enrichment

Teacher: Ms.Kamini

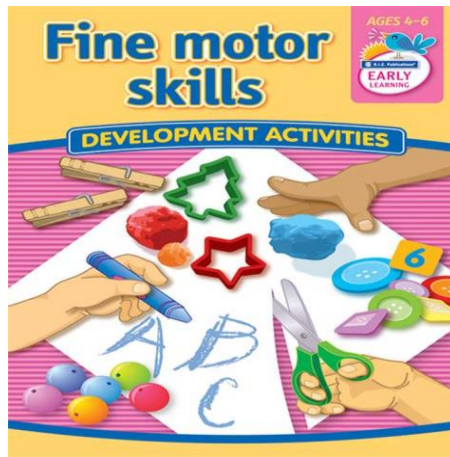
Equipment Required: N/A

Description of Activity (including goals):

Children will use papers to create the craft with many designs. Also, will follow the theme of craft that was planned.

Final Outcome:

This activity will increase their fine motor skill and gross motor skill. It will relax their mind too.



Name of Activities: Fine motor skill

Year Group: Year EYFS

Day: Wednesday

Type of Activity: School Enrichment

Teacher: Ms.Kamini

Equipment Required: N/A

Description of Activity (including goals):

Fine motor skills are those that involve the development of the small hand muscles. We create fine motor activities for our early learners to increase dexterity and prep their hands for larger tasks such as writing, zipping, shoe tying, plus so much more.

Final Outcome:

- It helps children perform crucial tasks like reaching, grasping, and moving objects.
- Through fine motor skill development, children learn to use tools like crayons, chalk, pencils, and scissors.
- Hand-eye coordination improves as fine motor skills improve.



Name of Club: Playdoh Sculpture

Age Group: EYFS

Day: Thursday

Type of Activity: Creative

Teacher: Miss Nadia

Equipment Required: Playdoh

Description of Activity (including goals):

Each week the students will be given different theme to focus on while planning, designing and creating their Playdoh Sculpture. Themes include solar system, plants and animals, significant buildings such as the Taj Mahal.

Final Outcome:

Through a range of themes students will develop creative skills through the develop and planning stage while improve their fine motor skills during the construction phase.



Name of Club: Colouring is fun

Age Group: EYFS

Day: Friday

Type of Activity: Creative

Teacher: Miss Nadia

Equipment Required: N/A

Description of Activity (including goals):

Students will learn about the use of color in the world and help them develop an understanding of using color in many forms. Students will embrace learning their ABCs and 123s by completing dot-to-dot and color-by-number pages that feature cuddly animals, cool illustrations, and lively images of familiar objects. In this activity, every student will receive the opportunity to explore and experiment with color using a variety of materials, including paper, markers, pastels, crayons and paint.

Final Outcome:

It provides an opportunity to practice and develop many skills such as concentration, fine motor and coordination for early writing skills and correct finger grip. It also gives the experience of creativity, colour awareness and developing a sense of achievement.