



Lunch Menu – December 2018
Week 1 & 3

		<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
<u>Rice Option</u> A+B+C = RM6.30 B+C (Vegetarian) = RM4.30	A (pick one)	Chicken Potato Stew Deep Fried Black Pepper Chicken Fish Kurma	Mint Sauce Chicken Stir Fry Chicken with Black Pepper Sauce Battered Fish	Tau Chu Chicken BBQ Chicken Fish Nyonya Curry	Chicken Carrot Soup Ayam Goreng Kunyit Sweet and Sour Prawn	Chicken Cream Sauce Crispy Chicken Fried Fish
	B (pick one)	Mushroom Spinach Stir Fried Lettuce	Brinjal with Chickpeas Cauliflower with Green Bean	Baked Cherry Tomato Stir Fry Kailan	Sawi Masak Bawang Putih Mix Vege Curry	Stir Fry Mix Vege Stir Fry Potato
	C (pick one)	Green Onion Omelette Chinese Cabbage with Red Pepper	Deep Fry Okra Shaved Cabbage with Carrot	Onion Wedges Stir Fry Kangkung	Telur Masak Kurma Stir Fry Cucumber	Taufu Soup Long Bean
<u>From the Wok (RM4.30)</u>				Bee Hun Curry		
<u>Western (RM7.30)</u>		Penne Basel Napolitano	Fish Burger with Fries		Spaghetti Aglio Olio Chicken	Chicken Chop With Cream Sauce



Lunch Menu –December 2018
Week 2 & 4

		<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
Rice Option A+B+C = RM6.30 B+C (Vegetarian) = RM4.30	A (pick one)	Chicken with Plum Sauce Chicken Lobak Fish with Thai Sauce	Butter Fish Herbal Chicken Soup Stir Fry Tomyam Chicken	Masala Baked Chicken Ayam Masak Lemak Fish Soup	Deep Fry Prawn Chicken with Pineapple Sauce Teriyaki Chicken	Ikan Masak Kicap Ginger Chicken Ayam Masak Kunyit
	B (pick one)	Tau Chu Seow Bai Chai Stir Fry Snake Gourd	Cheese Baked Potato Cabbage with Garlic	Stir Fry Petola Baked Potato	Stewed Potato with Carrot and Mushroom Mixed Vege Soup	Vegetables Curry Timun Nanas Acar
	C (pick one)	Garlic Tofu Butter Mix Vegetable	Egg Curry Deep Fried Cauliflower	Steamed Corn with Butter and Milk Red Spinach Masak Lemak	Deep Fried Wedges Sambal Tofu	Steamed Egg Stir Fry Leak
From the Wok (RM4.30)				Mee Soup Bandung		
Western (RM7.30)		Mac Carbonara Fish	Baked Chicken with Black Pepper Sauce		Farfalla with Tomato Sauce Chicken	Fish and Chips with BBQ Sauce