



**Lunch Menu – July 2018**  
**Week 1 & 3**

		<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
<b>Rice Option</b> A+B+C = RM6.30 B+C (Vegetarian) = RM4.30	<b>A</b> <b>(pick one)</b>	Ayam penyet Soy sauce chicken Curry fish balls	Five spiced chicken Sesame oil ginger chicken Indian Fish Curry	Lemon garlic roast chicken Sweet and sour chicken Prawn fritter	Chicken rendang Teriyaki chicken Fried squid	Ayam Masak Merah Chicken chop with salad sauce Teow chew style steamed fish
	<b>B</b> <b>(pick one)</b>	Stir fry cabbage with glass noodles Sauteed pumpkin	Stir fry French beans with carrots Vegetable curry	Spicy roasted cauliflower Mixed Veggies	Sauteed Okra Steamed corn	Vegetable tempura Stir fry jicama
	<b>C</b> <b>(pick one)</b>	Sweet potato wedges Baked beans with eggs	Spring Roll Sunny side up	Sambal potato wedges Claypot tofu	Braised potato Hard-boiled egg curry	Roasted potatoes Omelette
<b>From the Wok (RM4.30)</b>		Fried yee mee		Tom yam noodles soup		
<b>Western (RM7.30)</b>			Chicken chop burger with wedges and coleslaw		Spaghetti marinara with fish fillet and garlic bread	Fish & Chips



**Lunch Menu – July 2018**  
**Week 2 & 4**

		<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
<b>Rice Option</b>  A+B+C = RM6.30  B+C (Vegetarian) = RM4.30	<b>A</b> <b>(pick one)</b>	Tandoori chicken  Chicken wings  Salted yolk squid	Braised chicken in thick soy sauce  Kunyit chicken  Tempura fish with Thai salad	Ayam percik  Nyonya chicken curry  Nestum fish fillet	Belachan fried chicken  Black pepper chicken  Assam Fish curry	Creamy butter chicken  Honey roast chicken  Tomyam fish
	<b>B</b> <b>(pick one)</b>	Pickled pineapple and cucumber  Stir fry kang kong (morning glory)	Sauteed pumpkin  Stir fry baby choy sum	Sauteed cauliflower and baby corn  Stir fry lotus root with snow peas	Garlic long beans  Brinjal curry	Stir fry kailan with garlic  Fried bitter gourd
	<b>C</b> <b>(pick one)</b>	Papadum  Tomato egg	Begedil (Potato cake)  Tofu in tau cheong sauce	Hash brown  Fried eggs in kicap (sweet soy sauce)	Stir fry tofu and bean sprout  Onion omelette	Potato curry  Veggie cucur (fritter)
<b>From the Wok (RM4.30)</b>			Char Hor Fun		Fried bee hoon with sunny side up	
<b>Western (RM7.30)</b>		BBQ grilled chicken, mashed potatoes and salad		Macaroni cabonara with fish and salad		Hainanese chicken chop with wedges and salad